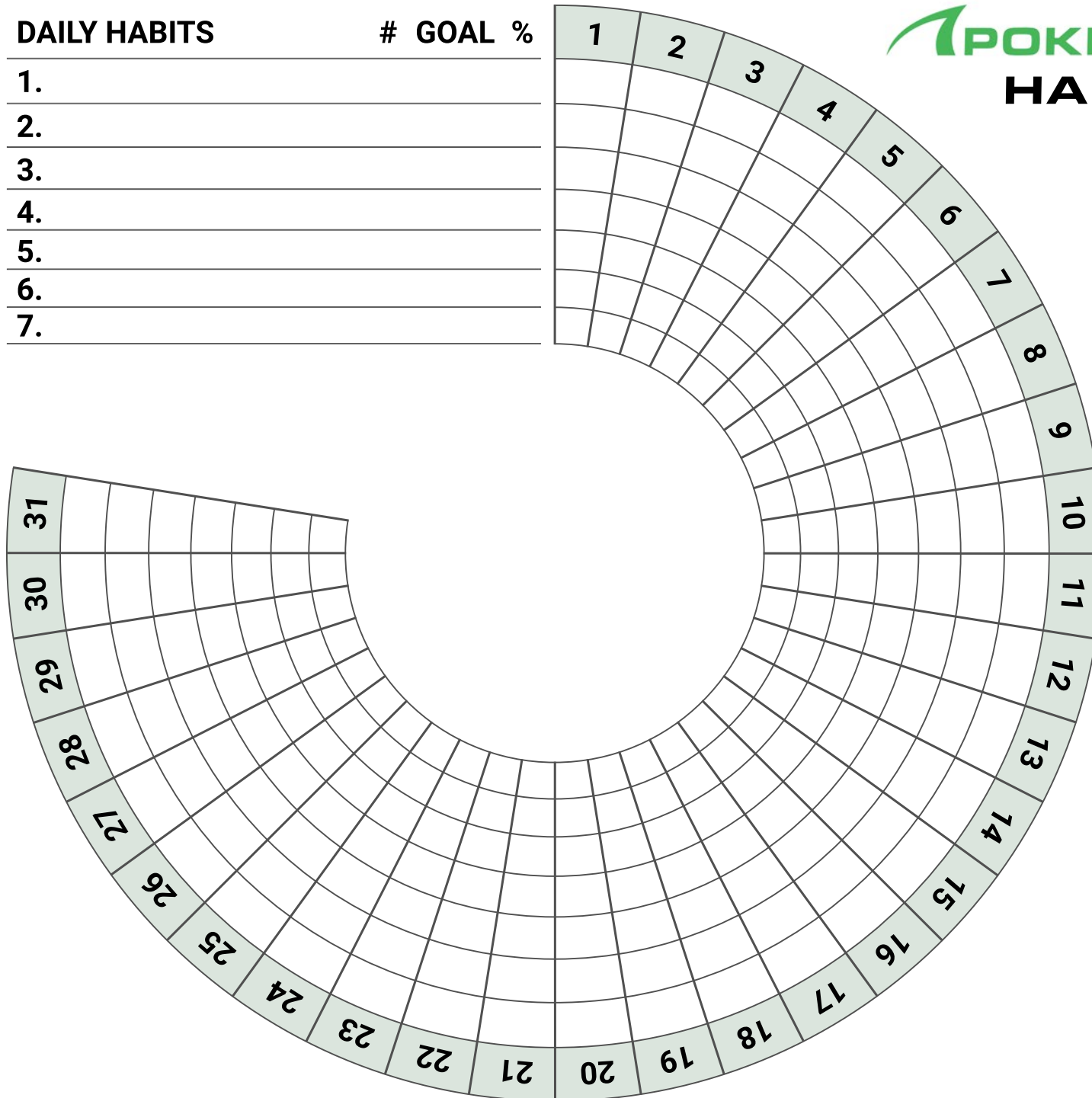




DAILY HABITS

# GOAL %

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_



MONTH:

**REVIEW YOUR MONTH**

WHICH HABIT HELPED THE MOST?

WHICH HABIT HELPED THE LEAST?

WHICH HABIT SHOULD YOU DO MORE?

WHICH HABIT SHOULD YOU DO LESS?

WHICH HABIT SHOULD YOU STOP?

WHICH HABIT SHOULD YOU START?

**MOTIVATION** IS WHAT GETS YOU STARTED.  
**HABIT** IS WHAT KEEPS YOU GOING.  
 JIM ROHN